



# Quechan Housing Authority NEWSLETTER

# MARCH 2024

## National Cleaning Week

March 24-31, 2024

National Cleaning Week celebrates the importance, value, and positive impact that cleaning has on health, the environment, and the community. This week also offers the perfect opportunity to raise awareness for the value of clean spaces and appreciate front-line cleaning professionals.

The International Sanitary Supply Association (ISSA), the worldwide cleaning industry association, uses National Cleaning Week to promote the importance of cleanliness, provide education and training, and raise the profile of the cleaning industry. ISSA also sees the week as a channel to publicize numerous means to engage and explore educational opportunities, support charitable causes for the benefit of the cleaning industry, and more.

Maintaining a clean environment helps to lower the spread of viruses, bacteria, and other pathogens that cause diseases and trigger allergic reactions. It also prevents the growth of mold in our living spaces. Furthermore, a clean space is closely associated with improved moods, decreased stress levels, and enhanced productivity and creativity.

Following an experiment in 2013, the Association for Psychological Science concluded that students were more likely to make healthier choices and participate in humanitarian causes after they were exposed to a clean room. National Cleaning Week provides the opportunity to enjoy these psychological benefits and much more. It is also a week to discard winter essentials, declutter, and tidy up our homes to welcome a fresh start with spring.

### CLEAN UP YOUR SPACE

There's no better thing to do during this week than spending some considerable time decluttering and cleaning your home, closets, storage compartments, offices, and basement. To make your cleaning week less intimidating, start with cleaning one room at a time, begin from the ceiling and work your way down. Don't be afraid to move out any unused, old, or worn-out items like furniture, clothes, toys, and books from your space. You can donate those extra items to a thrift store or organize a garage sale.

### INVOLVE EXTRA HANDS

Going it alone can be overwhelming. It takes a whole community to maintain a clean environment. Get everyone to understand their important roles in preventing the spread of germs and diseases. During National Cleaning Week, teach your children, students, employees, and colleagues about the simple daily routines that can help maintain a clean space and emphasize the dangers of uncleanness.

### USDA SELF HELP PROGRAM

QHA is now restarting the Self-Help program with our existing applicants. QHA is currently looking for volunteers to assist grant recipients by providing labor on their home project. This includes but not limited to: demoing, demo cleaning, interior painting, exterior painting, yard clean up, etc.

If you are interested in volunteering and contributing to your community, please contact Patti Jauregui at the QHA office for more information at (760) 572-0243.



## Volunteers Needed

# NOTICE

Per Second Amended and Restated Collection and Termination Policy and Procedure, in order to continue occupancy, tenants will be required to absolve outstanding balances. Delinquent accounts must be paid in full on or by June 1, 2024. Please refer to the policy outlined below:

### SECTION III. PAYMENTS

- A. Payments are due and payable to QHA on or before the first day of each month.
- B. Payments not received by QHA on or before the fifth day of the month are considered to be delinquent.
- C. Prompt payment is required for continued occupancy.
- D. All payments are to be made to "Quechan Housing Authority" and delivered to the QHA office in person or mailed to:
- E. Payments may be made in cash, or by check, money order, automated clearinghouse (ACH), or payroll deduction. A Participant desiring to make payment by payroll deduction is responsible for making adequate arrangements with his or her employer to have the required payment deducted from his or her earnings and remitted to QHA at least once each month. QHA shall promptly inform an employer of any change in the amount of payment.
- F. If a personal check or ACH payment is not honored due to insufficient funds, the Participant shall be assessed a service charge of \$35; and the Participant will no longer be allowed to pay by personal check or ACH.

Quechan Housing Authority  
1860 Sapphire Lane  
Winterhaven, CA 92283

Any accounts delinquent after June 1, 2024 will be receive a Notice to Cure and be required to absolve outstanding balance within 10 calendar days of notification. QHA is notifying delinquent tenants now as a courtesy to avoid termination proceedings. It is the best interest of tenant to setup repayment plan with the Compliance Specialist immediately.

Any questions regarding your account or to request a copy of your rent ledger, please call Suzanne Contreras, Compliance Specialist at (760) 572-0243 or email: [scontreras@quechanHousing.org](mailto:scontreras@quechanHousing.org)



## DON'T FORGET

To update your information with QHA to remain active on the Rental Program waiting list.

It is vital your current mailing address and phone number is on file. This ensures we can make contact when you are the next applicant on our waiting list.

## Free Workshops

### ACTIVE PARENTING OF TEENS

March 12 to April 16



MUST ATTEND ALL INPERSON SESSIONS TO RECEIVE CERTIFICATE

6 Sessions • 2 Hours Every Tuesday • 5:30pm - 7:30pm

#### For more information:

Ramon Flores 760-919-2441 • [Ramon.flores@cplc.org](mailto:Ramon.flores@cplc.org)  
Nancy Quintero 623-428-9053 • [Nancy.medrano@cplc.org](mailto:Nancy.medrano@cplc.org)  
Natalie Pacheco 760-572-0243 • [NPacheco@quechanhousing.org](mailto:NPacheco@quechanhousing.org)

### Quechan Neighborhood Tip Line

CALL  
760.572.9999



To anonymously report a crime prevention tip



## A/C FILTER MAINTENANCE

QHA would like to remind all QHA Rental Tenants to replace your A/C filters twice a month. Filters are available at the QHA office.

## QUICK TIPS!

- 1 To avoid your A/C from malfunctioning or clogging you must replace your filter twice a month.
- 2 Replacing your A/C filter twice a month can help save on your monthly electric bill.
- 3 Keep your A/C set at 78 degrees at all times to prevent freezing up.
- 4 Keeping your curtains/blinds closed during peak hours can keep your home cool.

### IMPORTANT CONTACTS



QPD/Animal Control  
(760) 572-2933



Quechan Fish & Game  
(760) 572-0544



Quechan Utilities  
(760) 572-0667



Quechan Pesticides  
(760) 572-0771