



PROTECTING CHILDREN FROM PESTICIDES

Simple Steps for Parents



WHERE KIDS ENCOUNTER PESTICIDES

(Common sources in daily life)



Food (wash all produce)



Insect repellents (DEET/pyrethroids)



Rodent poisons



Lawn/garden products



Pet flea/tick treatments



Household cleaners (bleach, disinfectants)



DANGER SIGNS

(Call Poison Control: 1-800-222-1222 immediately if you see these)



Severe headache | Trouble breathing



Muscle twitching | Unusual drowsiness



Skin burns/blisters | Sudden dizziness



WHY KIDS ARE MORE AT RISK

- ✓ Smaller bodies absorb more chemicals
- ✓ Hand-to-mouth behavior increases exposure
- ✓ Developing organs are more vulnerable to damage



PROTECTION CHECKLIST



Food Safety

- Wash vegetables under running water (scrub firm items)
- Peel when possible

- Diversify diet (mix conventional & organic)



Home Safety

- Lock up all pesticides/chemicals
- Never transfer to food containers
- Remove work shoes outdoors
- Change clothes after pesticide use



Play Areas

- Keep kids off treated lawns for 24+ hours after application
- Advocate for pesticide-free schools/parks



EMERGENCY CONTACTS

- Poison Help Line: 1-800-222-1222
- Emergency: 911
- Quechan Pesticide Control Office: 928-977-2369

