

In This Issue:

Womens Health
Page 2

Celebrating Tradition Page 3

Tribe Member Recognized with Award Page 4

Judge Reappointed Page 5

Outstanding Students
Page 6

Quechan Senior Games Page 7

Fashion Show at the Q Back Page





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Get Ready for Summer!

With the San Pasqual schools promoting their eighth grade students this Thursday, and the high school seniors graduating Friday night, the upcoming Memorial Day weekend signals the beginning of summer!

And the beginning of summer means Quechan Parks and Recreation staff will kick off their busy season with Splash Day this Saturday at the Rainbow Pool! In the meantime, some programs have seen their grant funding dwindle this year, as state and federal agencies are cutting budgets to meet the reality of leaner times.

The Alcohol and Drug Abuse Prevention Program (ADAPP) is one Tribal department facing cutbacks, so they won't be sponsoring a summer youth program this year. However, the Special Diabetes Program (SDP) will partner with Parks and Rec to provide both a summer camp and sports camp experience for local kids.

The 3-week summer camp for grades 6 through 8 starts next Wednesday, and meets at the Community Center every weekday from 8:30 AM to 1:00 PM until June 18th. Then the 3-week summer camp for kids from kindergarten through 5th grade meets every weekday at the same times starting



The Rainbow Pool opens this weekend, starting off the Quechan Parks and Recreation Department's summer season. Although budget cutbacks will limit some programs normally covered through grant-funded departments, Parks & Rec. will have plenty of activities for vacationing students!

QUECHAN NEWS File Photo: William Isbell

Wednesday, June 23rd.

Next up is a 1-week football sports camps for middle school boys from July 12th to the 16th. Middle school girls get a week of volleyball camp, followed by a co-ed 6th to 8th grade basketball camp the last week of July. The final camp is a co-ed basketball camp for students from kindergarten through fifth grade the first week of August.

And of course, a free breakfast and lunch will be provided for the kids at all of the camps.

1:00 PM until June 18th. Then the 3-week summer camp for kids from kindergarten through 5th grade meets every weekday at the same times starting while the younger students importance of completing assignments and develop a work history they can place on their résumés when the enter the job market upon graduation.

program that gives them real world work experience. The Workforce Investment Act/Department of Labor (WIA/DOL) Office has a total of 90 summer positions available for students from 16 to 19. This primarily grant-funded summer program is split into 2 four-week sessions that places students into the actual workplace environment at a variety of jobs here on the reservation. Students learn what it's like to have be on time for work everyday, the importance of completing assignments and develop a work The first session begins Monday, June 7, and the second starts right after the Fourth of July holiday weekend.

One final change already in place for this summer could mean a little more income for the Quechan Tribe in the coming months: The California Highway Patrol has begun to enforce a new "No Parking" policy from Sleepy Hollow south to the International border. That should increase occupancy of the Algodones Parking Lot, and mean an increase in revenue over the coming months. For more information on that, turn to page 5.



One change beginning this week will be the new "No Parking" zone alongside California Route 186 just north of Algodones. The CHP and Imperial County Sheriff have begun ticketing cars not using the Quechan Tribe parking lot while the occupants walk into Mexico!

Photo by William Isbell, QUECHAN NEWS

Quechan Community Health Representatives Present a Packed Women's Health Conference

Over 150 women from the Quechan nation gathered at the Pipa Event Center just before the Mothers Day weekend, to take part in a Women's Health Awareness Program, presented by the Quechan Community Health Representatives (CHR).

Under the lead of Mistress of Ceremonies Cryselle Uribe (who also took part in the prelunch fashion show that was also a highlight of the day,) many local leaders of the health care community spoke to the assembled throng.

The event began with a prayer by Avis Black, the Maternal and Child Health Aide from CHR. Tribal Council member Julianna Comet made the welcoming address, introducing Miss Quechan Nation for 2009/10, Sasha Nerva.

The main message for the day was brought by the guest speaker, Jill Webber, the Health Educator with the Cancer Detection Programs: Every Woman Counts. She works out of the Scripps Health Cancer Center in San Diego. Jill is responsible for providing breast and cervical cancer education and referrals to women in both San Diego and Imperial Counties.

She was selected to speak due to her extensive experience working with community health organizations, providing to those in need.



San Diego based Health Educator Jill Webber of the Scripps Health Cancer Center was the featured speaker at the Conference.

ly, she told the *Quechan News* "I'm always just grateful to be invited to come here. It's a nice drive, and I'm really happy to be able to speak to the women here."

important points in the detection and prevention of cancer:

First, she notes a mammogram can find breast cancer that is too small to be felt by a and safe sex practices. woman or her doctor. She says women should have a mammogram once a year after age 40.

She also points out that the breast cancer survival rate is 98% if caught early, versus late diagnosis which has a survival rate of only 27%.

And finally, cervical cancer resources and health education is almost 100% preventable and curable if cervical cell changes Having been to Fort Yuma are caught early. Such changes

during a thorough pelvic exam.

She works for Cancer Detection Programs: Every Woman Counts (CDP: EWC), which provides free clinical breast exams, mammograms, pelvic exams and Pap tests to California's underserved women. Such women are aged 50 and older (cervical cancer screening is provided to women 25 and older), with an income at or below 200% of the federal poverty level. Women can call 1-800-511-2300 to see if they qualify.

After the lunch break, Cyndy Hale of the Fort Yuma Indian Health Service took to the microphone, to give the afternoon's presentation. Cyndy is a Registered Nurse Practitioner (RNP) with a specialty of Women's Health Care Nurse Practitioner (WHCNP). Her comments were Jill's message stressed three directed to the terrible problems associated with curbing Sexually Transmitted Diseases (STDs). Discussion included STD testing, risk assessment

> She emphasized that "the best protection against the spread of STDs and unplanned pregnancy are abstinence, monogamy and birth control methods of choice." She also said everyone should be sure to ask their healthcare provider about STD testing during their annual exam.

Ms. Hale does both the Well Women's Examination and a new OB Examination for womwhile on her rounds previous- can be found with a Pap test and en of all ages. The Well Wom-

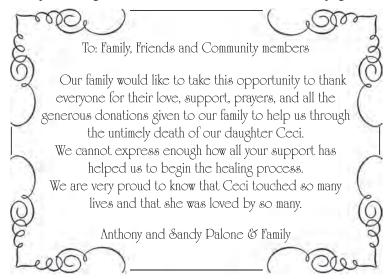


The Conference Panel included Julianna Comet and IHS Registered Nurse Practitioner Cyndy Hale. QUECHAN NEWS Photos by William Isbell

en's Examination can include a resources. Pap smear, Pelvic Examination, Clinical Breast Examination (CBE) as well as scheduling of mammograms, STD testing, and any laboratory testing that may be necessary.

The New OB Examination can include Pelvic Ultrasound for gestational sizing, prenatal laboratory testing, Pap smear, STD testing, as well as applica-

She is "also available to answer questions on women's health care, birth control counseling, and menopause." (Call her on her direct line at the Clinic: (760) 572-4129, or ask vour primary provider for a Well Women's Exam.) The next CHR Conference, for men, will be on June 11, also at the Pipa Event Center. For photos from tion processing for alternative the fashion show, see page 8!





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Have a story idea, or an event you want covered?

QUECHAN NEWS is here to cover the special events and everyday lives of Quechan Tribe Members, and the issues that affect you in the world today. This newsletter is here to keep the lines of communication open, to expand opportunities, and uplift the Native Spirit of the Kwat'san Pipá. Your ideas and input are welcome! Just call the QUECHAN NEWS office Monday through Friday at (760) 572-3912,

or email your stories and story ideas to w.isbell@quechantribe.com. I'm looking forward to hearing from you!



Heritage & Culture

Schools Celebrate Traditions







The schools' Indian Princesses were on hand to dance for the Strong Hearts Pi Pah Singers, joined by fellow students Bobbyonah Bohanon and Jessica Collins (at left). In the center, one of the two Mistresses of Ceremonies Jerilyn Swift Arrow checks the line-up for the next act while the Pi Pah Singers perform. At right, the Drama Club's Three Amigos were Bianca Maya (stepping in at the last minute), Reggie Sanchez and Josh Alvarez. Maricela Barley played the bartender in their short skit. QUECHAN NEWS Photos by William Isbell



Lucinda Polk read the tributes to the honored elders (above) after Elementary Princess Alyssa Shepard lead the assembly in the Pledge of Allegience (below).



Hearts Native Society and the Group to present the night's endents and educators who made Mr. Vernon Smith. up the audience.

annual year-end event in 2009 with Mrs. Edith White, Mrs. Lucinda Polk and Mr. Vernon recognition.

an, and at 97, she is the oldest Quechan American Legion Post living Quechan today.

traditions, and served on both Pledge of Allegiance.

The second annual "Cel- the Quechan Education and ebration of Traditions" at the Pageant Committees for many San Pasqual Valley Unified years. She also served on many School District took place in of the committees at the school the schools' cafeteria building that helped to develop cirricula on Wednesday evening, May and provide guidance for both 19th. The Quechan Language students and faculty in the de-Program joined with the Strong velopment of various programs. Her daughte, Lucia Polk Middle School's Mestizo Dance is presently on the faculty of the middle school, and read the tertainment for the parents, stu- tribute to both her mother and

Mr. Smith, a well respected The School District began the repository of cultural knowledge here on the reservation, to recognize the unique native currently teaches both Kwat'san culture surrounding the school. language and traditional songs This year, the program was at the schools. He is also a curdedicated to all Quechan elders, rent member of the San Pasqual Valley School Board.

Jerilyn Swift Arrow joined Smith singled out for special Lucia Polk as one of two Mistresses of Ceremonies for the Mrs. White is a special wom- evening. The night began with 802 posting the colors with Mrs. Polk and Mr. Smith the Pipa Singers providing acboth have strong connections companiment. Miss Native San to the schools. Mrs. Polk taught Pasqual Middle School, Alyssa both language and the *Kwat'san* Shepard led the assembly in the

The Middle School Princess, Winter Alvarez also made an appearance to introduce herself and welcome everyone to the night's program, followed by the Miss San Pasqual High Native Princess, Kailah Durand.

Arlie Emerson of the Quechan Language Program taught the Strong Hearts the story of "The Coyote and the Rooster" this year, which they presented as their contribution. Maricela Barley provided the narration, while Kailah Durand pantomimed the Covote's part, Brendon José played the Rooster, and Lito Alvarez popped up in the background from time-totime as the Moon. Very funny!

The school's Mestizo Dancers (under the direction of Ms. Trini Llamas) also danced the Mexican Ribbon Waltz and a Ouinceñera dance.

The High School Drama Club performed five humorous skits to close the program: "Mood Rings", "the Brat", a short scene from the film, "The Three Amigos", a bit called "Cab Freaks" and "The Breakfast Attack".



High School Princess Kailah Durand (above) and the Middle School's Native Princess Winter Alvarez (below) also made sure to come out and sav hello.



TRIBAL MEMBER RECEIVES NAACPAWARD

Community leaders, an Arizona State Senator and representatives of the Quechan community gathered at the Yuma Quality Inn on 32nd Street to celebrate an historic occasion as Michael Jack, the Indian Child Welfare Specialist for the Quechan Social Services Department, received the very first NAACP Leadership Bridge Builder Award presented by the membership of Yuma NAACP Chapter 1016.

The Award was the keynote event of their 2010 Freedom Fund Dinner, held each spring to bestow NAACP scholarships upon local students. The dinner is a combination annual report, celebration of ethnic unity, and fund raiser for the next year's scholarships.

Although attending the dinner cost nearly \$50 a plate, Arizona State Senator Amanda Aguirre was on hand as guest speaker, giving everyone there a chance to have their opinion heard by someone who might be able to the Arizona political scene.

NAACP Chapter 1016 President Brian Stephens. The pro- ning, and asked for reconcili-



Quechan Social Services employee Michael Jack smiles as he receives the very first NAACP Leadership Bridge Builder award from Yuma Chapter 1016 President Brian K. Stephens. QUECHAN NEWS Photo. William Isbell

of the 8th Avenue Union Baptist of the Quechan Spirit Runners.

The Spirit Runners entered the hall from the rear and marched to the head table to the beat of a gourd rattle, followed make a difference, while shak- closely by the Ah Keel Dancing hands with a real force in ers. Once in place, Mr. Emerson spoke of the great honor The host for the evening was about to be conferred upon his fellow Quechan later that eve-

gram began with Mr. Stephens ation between all people and a surrendering the podium for continuing spirit of cooperation blessings offered by both the between the black community Reverend James P. Crittenden and the Kwat'san people. He then joined in singing two tradi-Church, and Philbrick Emerson tional songs of blessing, as the dancers gently swayed to the thrown gourds beating time.

> Once the dinner was over, the main program included the announcement of scholarship awards for 2010, followed by the Leadership Bridge Builder Award. President Stephens was effusive in his praise while introducing Mr. Jack.

"This is a momentous occa-

sion," he began, "because it is nesses to this." going to an individual who had been un-sung, doing the hardest work: the everyday things that no one recognizes or acknowledges, and this man is one of those individuals."

He went on to say "From the very first time I traveled over to meet him, we were immediate friends. The very first time we expressed like ideas, and it was 'a moment' Ladies and gentlemen: change is upon us, change NAACP for inviting the is coming, and change is here – in Yuma!"

He said that change is here now, because of people like Michael Jack, because of his "This man exudes change!" he exclaimed. "Michael Jack is the future of building bridges. He is dedicated to making Yuma work. Michael Jack is on the verge of becoming a great young man who will take on a position to work change — not only for the great Quechan Nation — but to change relations between populations, between ethnic groups, and between you, me and he."

He completed his introduction saying, "This is a great man in the making, and we are wit-

But when Michael Jack came forward to accept the plaque confirming his selection as the first Leadership Bridge Builder in Yuma, he appeared much more humbled for the praise.

"I don't even know if I can follow that," he began, bringing polite laughter from the crowd. "That sounds better than what I think of myself!"

He went on to thank the Quechan Nation to share in their celebration, and for bringing his family and friends in to share in his recognition.

He said "As ethnic peoples, dedication and commitment. it is the responsibility of both of us to teach our children our history, our culture through songs and dance, and to give reverence to our Creator GoD and our way of life."

> He said that the whole Quechan people had helped him to become the Bridge Builder he is today since, when he thinks of building bridges, he automatically thinks of advocating for his people and their best interests. He said that he had won this award merely through doing his part for his people — always the best course in life.

The Quechan Indian Tribe

is seeking interested tribal members to serve on the following Boards and Committees:

Quechan Education Committee OTDHE Board of Commissioners (1) Kwat'san Cultural Committee Quechan Health Committee

If interested, submit a Letter of Interest to the Tribal Council Secretary (Georgina Massey) at the Tribal Administration Office.





Arizona State Senator Amanda Aguirre spent a good deal of time engrossed in conversation with the night's guest of honor (at left). As part of the opening ceremonies, the Ah Keel Dance Group followed the Quechan Spirit Runners into the room for a traditional blessing by Philbrick Emerson.

JUDGE CLAUDETTE WHITE REAPPOINTED TO 3 YEAR TERM ON QUECHAN TRIBAL COURT



Chief of Police Tony Badilla administers the Oath of Office, installing Chief Judge Claudette White in her new term of office at the Quechan Tribal Court. The ceremony opened a special meeting of the Quechan Tribal Council on Friday, May 14. In the background, Council member Jordan Joaquin looks on, standing, while Vice president Keeny Escalanti, Sr. observes from his seat. Councilwoman Cryselle Uribe is obscurred behind Chief Badilla. Judge White says she was disheartened at first, when the Council chose to accept outside applications when her previous term expired, and was not looking forward to going through the entire application and interview process after three years on the bench. But now that she's been selected as the best of all possible applicants, she thanked the Council for their insistence on sticking to their guns, and realizes her reappointment demonstrates their confidence in her abilities.

"No Parking" now the Rule on State Route 186



New "no parking" signs were installed by the California Department of Transportation (Cal Trans) along various portions of SR-186 (Algodones Road) in early May. Once the installation was completed, CHP began a two week "conditioning period", issuing verbal warnings and placing leaflets on the windshields of vehicles parked along the dirt shoulder.

The California Highway Patrol began issuing actual citations on this Monday, which carry a minimum fine of \$199.

Felicity, California CHP Officer Steve Gronbach told the *Quechan News* "The CHP had the signs installed to alleviate traffic congestion, traffic collisions, and provide a safer environment for pedestrians crossing the International Border."

MIFN'S BASKETBALL TOURNAMIENT FUND RAISER CLASSIC FOR MEN 17 AND UP!

Will Be Held Friday, July 16th Thru Sunday, July 18th At The Quechan Community Center Gym!

Tournament Limited to 12 Teams - Bracket Play
TWO GAME Guarantee with 2 Certified Referees at All Games
AWARDS For Teams Placing 1st, 2nd and 3rd at Tournament's End
First Game Played at 5:30 PM on the Evening of July 16

Deadline for Sign-up is Wednesday, June 30th!

Any Questions? Call Quechan Parks and Recreation at (760)572-1242

Or Ana Hartt at (760)572-1286

Top Students Recognized



Students receiving the President's Award for Educational Excellence include Quechan tribal member Maricela Barley, Sarah Fairchild, Dominique Rueda and Kellie Wong. QUECHAN NEWS Photo by William Isbell

Students, parents and faculty gathered in the San Pasqual cafeteria on May 12th to share a meal and recognize those who have shown outstanding dedication to academic achievement for the 2009/2010 school year. The rather informal event was catered by Three Amigos, providing a traditional southwest even received a letter and cermeal of spicy shredded beef, tificate from President Barack rice, beans and tortillas.

presentation of awards, assisted by Mr. Ericson.

Students were singled out for perfect attendance for the entire year, maintaining a grade point average high enough to make the honor roll, and for truly outstanding dedication to education. Twelve students Obama for their superior com-San Pasqual High Principal mitment to learning and stand-Linda Schoonover hosted the ing out as role models for all.

TO ALL QUECHAN HIGHER ED. STUDENTS:

The Quechan Higher Education Department would like to remind you that our Fall Semester Application Deadline is at 5:00 PM, Friday, June 04, 2010.

Tribal Scholarship Applications can be picked up at the Higher Education Office. If you have any questions or need an application mailed or faxed to you please feel free to contact us at:

'60) **572-52**68

San Pasqual High School's **Outstanding Students for 2009/10**

The 2009/10 Academics Awards Banquet was held in the school cafeteria on May 12, 2010 from 6:00 PM to 7:30 PM.

These are the top awards given to local students that evening.

Presidents Gold Award for Educational Excellence:

Students maintaining a 3.50 - 4.00 Grade Point Average (GPA), along with high achievement in reading or mathematics on state or national tests. Additional consideration is given to students demonstrating high motivation, initiative, integrity, intellectual depth, leadership qualities and /or exceptional judgment.

Andrew Baltazar Maricela Barley

Sarah Fairchild Alayna Jones Dominique Rueda

Aileen Velarde Kellie Wong

Presidents Silver Award for Educational Achievement:

Students receiving this award have shown tremendous growth while demonstrating unusual commitment to learning in academics. Each awardee has achieved high scores or shown outstanding growth, improvement or intellectual development in particular subjects.

Joe Delgado **David Jaime**

Saul Isidro Santamaria

Kimberly Haro Melissa Montoya

High Honor Roll for the 2009-2010 Year: Averaging 3.50 - 4.00 GPA for the entire school year

Joshua Avila **Andrew Baltazar** Vanessa Esperanza Sarah Fairchild Martha Garcia

Carmen Hernandez **David Jaime** Alayna Jones Melissa Montova Alejandra Ramirez

Kassandra Ripley **Dominique Rueda** Sunny Tamp Aileen Velarde **Kellie Wong**

Honor Roll for the 2009-2019 Year: Averaging 3.00 - 3.49 GPA for the entire school year

Maricela Barley Joe Delgado **Beatriz Garcia**

Kimberly Haro Saul Isidro Santamaria

Jaime Marquez Jereme Martinez **Luis Rios**

Perfect Attendance for the 2009-2010 Academic Year:

Joshua Avila Sarah Fairchild **David Jaime** Kellie Wong

SENIOR GAMES FILL COMMUNITY CENTER







Hector Montoya scores the bean bag toss (left) as a visiting athlete gives it her best shot. In the center, Alva Emerson has a try at sinking baskets, under the gaze of the Pima-Maricopa Tribe bus driver Guadalupe Mariscales and Parks and Rec. weight room supervisor Claudio Palone. QUECHAN NEWS Photos by William Isbell

The Annual Quechan Senior least 300 elders packed into the diameter Oompa Loompa ball Games have seen tribes from all over the desert southwest converge on Fort Yuma for eight Senior Center's biggest "Elder Month" event, the two-day gathering of older natives brings seniors from as far away as Peach Springs, Arizona for fun, fellowship and competition.

Once again, the Ouechan Senior Games took place at the a timed, one-handed newspaper Quechan Community Center gym on May 20th and 21st.

Even with a lower attendance brought on by a sagging economy, over a dozen tribes from all over Arizona and southern California responded to the chalQuechan Community Center for the athletic events.

The Senior Games consist of years now. As the Quechan both adaptive games (modified for those who are in need of assistance or slowed down by arthritis or other affects of aging) and regular competition. Each ing to age brackets.

> The adaptive games include wards their score. contest and an obstacle course.

toss chickens, and play volleylenge. Altogether, there were at The loose and wiggly 6-foot games, in all 3 age groups.

is a challenge to move all the way across the basketball court without droppping it!

Another popular competition has seniors in each age group lined up at both ends of the basketball court, trying to sink baskets from the free throw line. set of games are set up accord- Each one gets a practice shot before the shots that count to-

The Senior Center and Parks crunch, a rubber chicken tossing and Recreation staff also hosted an Awards Luncheon on Fri-Those not in the adaptive day. That capped off the twogames also run an obstacle day event with the presentation course, crunch newspapers and of medals of achievement for the top three athletes in each ball and the Oompa Ball game. event, both adaptive and regular



Graduates of the Quechan Parenting Program class "Daughters of The Earth, the Lives and Legends of American Indian Women" stand with instructors Carlotta Sestiaga and Starla Cachora upon receiving their Certificates of Completion. The next series of instruction at the Parenting Program begins in mid-June. There is no cost to Tribal Members. Call (760) 572-0487 for more information. QUECHAN NEWS Photo by William Isbell

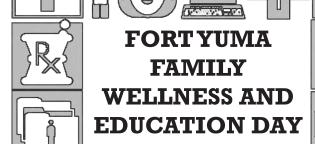


A Special birthday shout out A Happy Sweet 16 To Maritza Barley May 10, 2010

We'd also like to congratulate Mari Barley Class of 2010 San Pasqual Warriors! Love You Both!

Mom, Dad, Mari, Mariah, Maryjane, Jr.





Fort Yuma Indian Health Center will be sponsoring The 1st Annual Family Wellness and Education Day on Thursday, May 27th, 2010 from 2:00 PM to 5:00 PM

This event is scheduled to be held on the front lawn of the Fort Yuma Indian Health Clinic and will be open to the community. Events at this function include: fitness and exercise demonstrations, health information booths, door prizes, and activities for adults and youth.



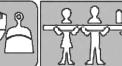




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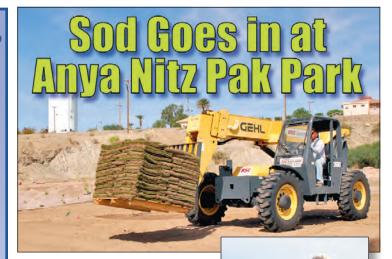


Pasynal Athletes of the Year





The San Pasqual Athletics Booster Club held their year-end Sports Banquet at the Paradise Event Center on May 18, giving special recognition to this year's outstanding athletes in a variety of sports. Many student athletes received multiple awards for their achievements as team members in a variety of sports. It seems most students went out for at least three different sports each, developing diverse abilities and contributing to a record year of accomplishments. Top among the record of achievements for the 2009/10 season are the Male and Female Athletes of the Year, Reggie Sanchez and Apollonia Castañeda. Reggie played both fullback and linebacker positions in varsity football, took 2nd in the Region in wrestling, and earned a medal in the Track Regionals, running the 100 meter and the 4 x 100 meter relay. Apollonia was also named best defensive player in volleyball, Most Valuable Player in girls' QUECHAN NEWS Photos by William Isbell basketball, and the Most Coachable Athlete in girls' softball this year.



Workers brought in a huge load of fresh sod to complete the landscaping of the new Anya Nitz Pak in mid-May. The Quechan Economic Development Administration waited for the hot summer weather to have the grass put in, to save the expense of having to plant winter grasses in February, when the majority of the work was being done, and then having to replant summer grass just as the park is getting ready to open. With the sod and other lanscaping complete, that could be any day now!

QUECHAN NEWS Photos by William Isbell

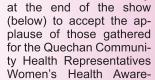
Momen's Health Awareness Fashion Show











The models all lined up

Tribal Council member Cryselle Uribe not only served as the Mistress of Ceremonies for the Health Seminar that made up the main portion of the program - she also stepped up to act as one of the models for the fashion show!

ness Program.



Local models lining up to entertain their fellow tribal members included (left to right) Derricka Cachora, Chenaura Rodriguez, Annette Cachora and Angela Hirales. QUECHAN NEWS Photos by William Isbell

the serious talk.

enjoy a short fashion show just rying a single rose. before lunch, featuring em-

Awareness Conference got a the models. ADAPP Counselor ern outfits for business, casual fun break in the middle of all Rosie Chapios announced each and evening wear were also model and described her oufit, represented. They even had The ladies gathered at the as 16 women entered the room formal wear on display! Pipa Event Center were able to in turn, every one of them car-

ployees from various Quechan ditional buckskin and ribbon ing the applause of her peers.

The recent Women's Health tribal departments serving as dresses to see, but more mod-

Each of the ladies did a fine job of presenting her choice in There were not only tra- the best possible light, accept-