



Record Heat Continues | Gradual Downward Trend in Highs this Week

KEY POINTS

- **Widespread Major HeatRisk today, becoming more localized on Tuesday**
- **Gradual downtrend in temperatures beginning Tuesday, but remaining above normal through the week and near records in some locations**
- **A weak disturbance midweek and again this weekend will bring some clouds and very low chances for rain (5% or less)**

WEATHER RISK OUTLOOK

Risk levels incorporate potential impacts from weather hazards and likelihood of occurrence for a reasonable worse case scenario.

	Mon 10/7	Tue 10/8	Wed 10/9	Thu 10/10	Fri 10/11	Sat 10/12	Sun 10/13
Phoenix Metro Including Maricopa and NW Pinal Counties	Heat	Heat	Heat	Heat	Heat	Heat	Heat
Higher Terrain SC AZ S. Gila County and Tonto NF Foothills in NE Maricopa County	Heat	Heat	Heat	Heat	Heat	Heat	Heat
Southwest AZ Including La Paz and Yuma Counties	Heat	Heat	Heat	Heat	Heat	Heat	Heat
Southeast CA Including Imperial and Eastern Riverside Counties	Heat	Heat	Heat	Heat	Heat	Heat	Heat
Joshua Tree National Park	Heat	Heat	Heat	Heat	Heat	Heat	Heat

Risk Levels

Little to None

Minor

Moderate

Major

Extreme

DETAILS

Phoenix Metropolitan



Impacts:

Major Risk for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration.

Timing:

Major Risk through Tuesday; Moderate Risk into the weekend

Details:

- **Excessive Heat Warning** in effect through Tuesday
- Highs near or breaking daily records much of this week
- Highs: 104-109° through Tuesday
- Lows: 73-80°

Higher Terrain SC AZ



Heat

Impacts:

Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration.

Timing:

Moderate Risk today; otherwise, Minor Risk

Details:

- Highs: 90-105°
- Lows: 62-74°

Southwest Arizona



Heat

Impacts:

Major Risk for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration.

Timing:

Major Risk today; Moderate Risk into the weekend

Details:

- **Excessive Heat Warning** in effect through 8 PM MST this evening.
- Highs near or breaking daily records in Yuma through Tuesday
- Highs: 105-110° today and ranging from 102-107° each day after
- Lows: upper 60s to upper 70s

Southeast California



Heat

Impacts:

Major Risk for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration.

Timing:

Major Risk today; Moderate Risk into the weekend

Details:

- **Excessive Heat Warning** in effect through 8 PM PDT this evening.
- Highs near or breaking daily records in El Centro through Thursday
- Highs: 106-111° today and 103-107° for the rest of the week
- Lows: 72-80°

Joshua National Park



Heat

Impacts:

Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration.

Timing:

Moderate Risk today; otherwise, Minor Risk

Details:

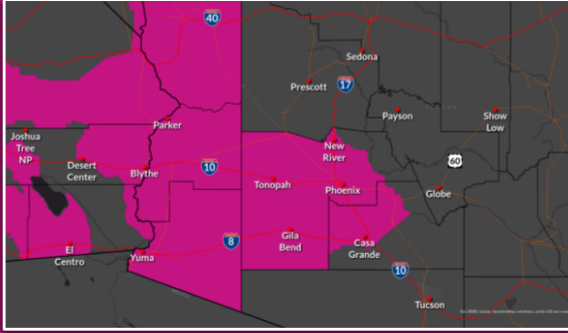
- Highs: 90-105° today; 85-100° by Saturday
- Lows: 64-75° through Tuesday; 55-70° by Saturday

FOR MORE INFORMATION

For the latest forecast updates, visit [weather.gov/phoenix](https://www.weather.gov/phoenix).

If you have questions or would like to submit weather reports, photos, or to unsubscribe from these briefings, email nws.phoenix@noaa.gov or call (602) 275-7003.

Excessive Heat Warning



Areas affected: Lower Colorado River Valley & Lower Deserts of Southwest and South-central Arizona, and Southeast California



National Weather Service · Phoenix, AZ
weather.gov/phoenix
Updated: 7 October 2024

Timing

- **Through This Evening:**
Lower Deserts of AZ and Southeast CA
- **Through Tuesday Evening:**
Greater Phoenix Area



Temperatures

- **Highs: 105°F to 112°F**
- **Lows: 70s most areas**



Precautions

*Don't underestimate the heat!
It's the leading weather related killer!*

- ✓ High risk of heat stress or illnesses for anyone without effective cooling and/or adequate hydration.
- ✓ Avoid exposure to the sun from 10 am to 6 pm
- ✓ Take frequent breaks
- ✓ Stay hydrated

24-10-07 EHW Graphic.png

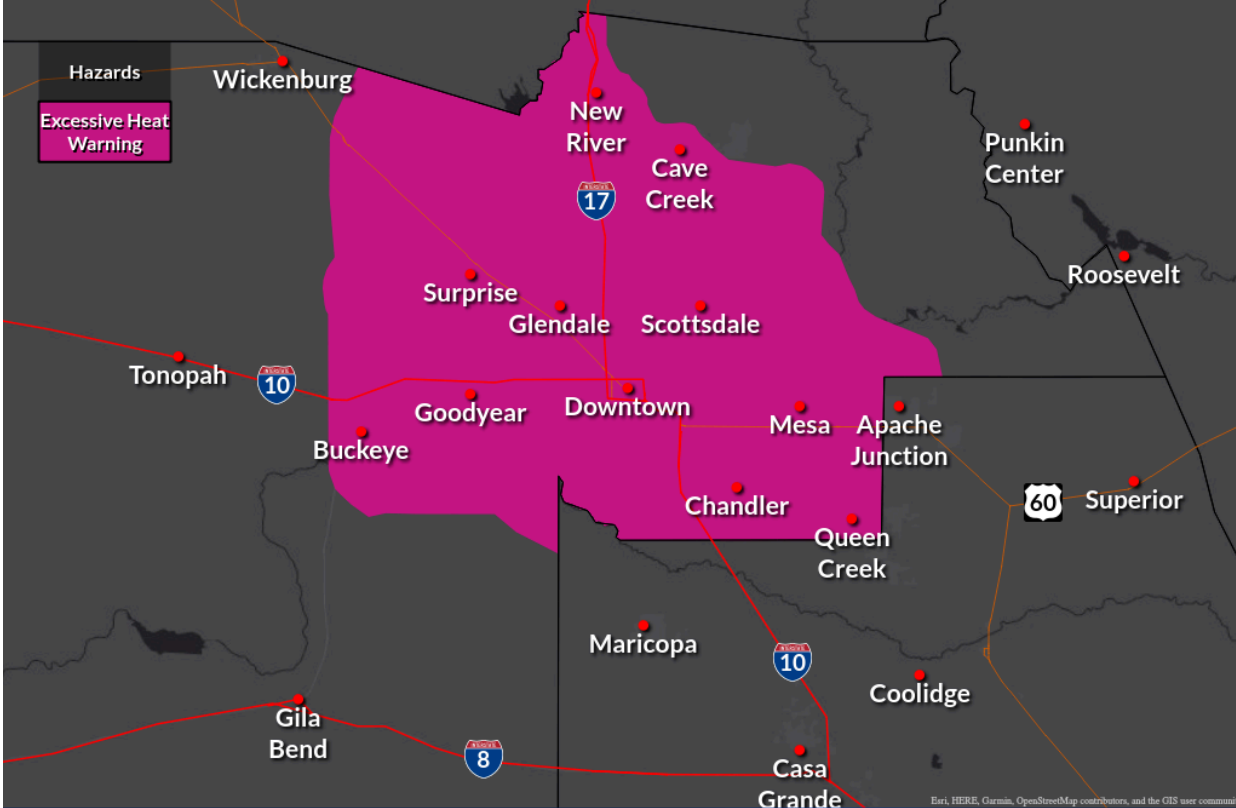
Excessive Heat Warning Extended for Phoenix Area

Weather Forecast Office
Phoenix, AZ



Valid Through Tuesday Evening

Issued Oct 06, 2024 12:15 AM MST



NWSPhoenix

weather.gov/psr

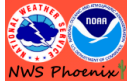
Excessive Heat Warning - Extension



Temperature Forecast

Excessive Heat Warning in effect through Monday, October 7th
(and through Tuesday, October 8th for the Phoenix Area)

	Mon Afternoon High	Tue Afternoon High	Wed Afternoon High	Thu Afternoon High	Fri Afternoon High	
Phoenix <i>**POR: 1896-2023</i>	109 104 (1991)	107 104 (1987)	106 103 (1996)	105 105 (1991)	105 102 (1991)	Forecast Record*
El Centro <i>POR: 1926-2023</i>	111 105 (1991)	107 106 (1996)	104 104 (1996)	105 105 (1996)	104 106 (1965)	Forecast Record*
Yuma <i>POR: 1879-2023</i>	110 108 (1987)	106 107 (1996)	104 106 (1996)	103 107 (1991)	104 107 (1950)	Forecast Record*



Issued: Monday, 7 Oct 2024 at 1:00 AM MST

*Records shown are daily record highs

**POR - Period of record

24-10-07 High Temp Forecast with Records.png